

# Look Deeper: Race

## DISCUSSION GUIDE

**MODULES 4 - 6**

SUGGESTED DISCUSSION TIME: 60 MINUTES



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# MODULES 4 - 6



## WELCOME & RECONNECT (5 - 10 MINUTES)

Welcome the group back together. Ask group members to remember the question they wrote down at the end of the last discussion (From Module 1-3 Discussion Guide: "What's one question you're still grappling with as you leave this room today?").

Ask for a few group members to share: "How have you been reflecting on and working through your question?"

Encourage session participants to respond and reflect with one another.



## WARM-UP (10 MINUTES OR MORE)



**Facilitator Note.** This warm-up exercise is designed to draw group members' attention to key themes and issues in each of the modules they've most recently viewed for this discussion. The "N-Word" film segment and module often elicits the most discussion from viewers and it's important to explore that content. But Modules 4 and 5 also address a number of complex issues that are worth discussing.

When we lead discussions, we try to strike a balance between following a group's lead in terms of what issues in the film feel most pressing, and encouraging them to consider the relevance of other moments in the film.

**Individual Writing Exercise.** Assign each individual participant a module to focus on – EITHER #4, #5, or #6. Try to assign each of the three modules evenly throughout the group.

Ask each person to spend 5 minutes writing down responses to the questions below that correspond to their assigned module.

### Module 4

1. Remember the conversation between Martha and her mom as they were trying to figure out the term, "power." Reflect on this quotation from Martha:

*"If you're in a group of, like, all white people, in an all white setting, if a huge black guy comes in... then he has a power over you, because you could be scared."*

2. During the film segment in Module 4, both Anna and Martha say they wish they were a different racial identity.

Why do you think Martha says she wants to be black or Latina? Do you think she would still want that after hearing about the painful experiences Kahleek describes about being black?

Why do you think Anna says she wants to be white? If her reasoning were only about being the same race as her family, then why wouldn't she wish they were Asian like her?

3. What else stood out to you in this module?

# MODULES 4 - 6



WARM-UP, CONTINUED

## Individual Writing Exercise, continued.

### Module 5

1. Think about the Chance Card scenarios that were read during the American Dream Board game scene. Did any of those scenarios strike you as familiar, surprising, unbelievable, or anything else? Please explain.
2. The interactive exercise in this module presented you with a few examples of scenarios in which someone might feel like an outsider. Which example did you select? Why?
3. What else stood out to you in this module?

### Module 6

1. Think about the “N” word visualization exercise presented by the facilitator in the film clip in this module. How did that scene and exercise make you feel?
2. Read the explanations from Almeria & Tyrone, the module facilitators, about this portion of the film:

*It doesn't matter who says the word and who doesn't. What matters is that we have been conditioned to consciously - and sometimes unconsciously - view black people in the way the kids described: thug, gangster, and so on.*

*We have to acknowledge that this word and the images that go along with it reveal and reinforce our bias. Only then can we begin to understand how we place less value on the lives of black people.*

What's your understanding of the above concepts? Can you re-state their points in your own words?

3. What else stood out to you in this module?



GROUP DISCUSSIONS (35 MINUTES)

**Small Groups.** Ask the participants to form groups of three with each person in the trio representing either Module 4, 5, or 6. Ask them to each share their reflections and discuss amongst one another in their small groups.

**Large Groups.** Bring the entire room full of participants back together and ask for a few volunteers to share with the larger group what they discussed in their small groups.

# MODULES 4 - 6



## WRAP-UP (5 MINUTES)

1. End the session by asking participants to call out one word to describe what they're thinking or feeling after these discussions.
2. Ask a few people to say a little more about the word they called out.
3. If there is discomfort, confusion, or uncertainty in the room, validate those perspectives and remind the group that all of that is normal and part of the process of exploring these issues.
4. Remind them of the course landing page where they can find additional resources:  
<http://pointmadelearning.com/inrai-course-landing>
5. Thank the participants. If you haven't already, be sure to remind them of when they'll be asked to complete Modules 7 & 8 and meet again to discuss the last portion of the online course.